



## **AUXILIUM COLLEGE (Autonomous)**

(Accredited by NAAC with A+ Grade with a CGPA of 3.55 out of 4 in the 3<sup>rd</sup> cycle)  
Gandhi Nagar, Vellore – 6.

# **5.1.3 LIFE SKILL**



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**Date: 21.06. 2020**

### **Event: INTERNATIONAL YOGA DAY**

The international yoga day celebrated annually on 21 June since 2015. We NCC cadet celebrated the international yoga day on 21th 2020, cadets doing yoga at home and SGT. Harini done yoga through online Google meet with III-year NCC cadets. Every III year cadet done yoga in their home and we discussed about the benefits of Yoga.



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*Sr. Jaya Sushma*

PRINCIPAL  
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